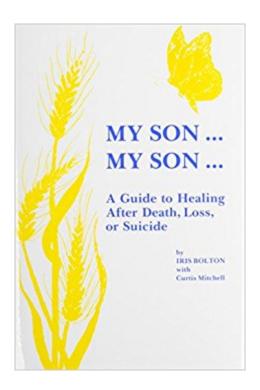


The book was found

My Son...My Son : A Guide To Healing After Death, Loss, Or Suicide





Synopsis

Will be shipped from US. Used books may not include companion materials, may have some shelf wear, may contain highlighting/notes, may not include CDs or access codes. 100% money back guarantee.

Book Information

Hardcover: 112 pages

Publisher: Bolton Pr Atlanta (November 1991)

Language: English

ISBN-10: 0961632615

ISBN-13: 978-0961632618

Product Dimensions: 0.5 x 6.5 x 9.5 inches

Shipping Weight: 12 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 66 customer reviews

Best Sellers Rank: #251,186 in Books (See Top 100 in Books) #96 in A A Books > Self-Help >

Death & Grief > Suicide #66034 in A A Books > Textbooks

Customer Reviews

Will be shipped from US. Used books may not include companion materials, may have some shelf wear, may contain highlighting/notes, may not include CDs or access codes. 100% money back quarantee.

This is an excellent book for anyone who has lost a child, especially to suicide. I can't say enough good things about it. This woman was, ironically, a psychologist and director of a mental health clinic. She and her husband both had very successful careers and were raising 4 sons in an upper middle class home. One of the boys killed himself in their home at the age of 20 back in 1977. She deals with every thought, feeling, and emotion you could possibly have in a situation like this.

This difficult read was handled well and I actually gave this book to a local priest. I had wanted to give it to my son but it was too much like the character mentioned so I did't think it was appropriate. My sons gf committed suicide. This topic is handled well, discusses the stages of grief and gives helpful insight how to go on living after tragedy.

I wish I had not needed this book, but unfortunately I did. It was spot on with most of the feelings I

have experienced in these past seven months. I highly recommend it to those left behind. You may not have had the same experiences of the author but you will gain comfort and a bit of knowledge about what you're going throug. Bless you.

A friend recommended I buy this book after I had read many similar ones but none of them really touched on how I felt. This book reached out and grabbed me right away. It's so true to how you feel, how you're dealing or not dealing. It's the perfect book to help you through all that you are going through. It's very informative and I have found it to be invaluable. Highly recommended.

Iris has written the perfect book for this stage of our healing process. One of the things I find myself looking for through this grief I'm living is someone who knows . . . it's more than understanding, it's knowing what it feels like, how much it hurts, and the energy it takes to choose to live your life and go on. Iris knows. She took me back to those awful days and helped me move through them again without having to tell my story one more time to someone I hoped was really listening. Then, she helped me move on, reminding me that the choice to do so was mine. Iris has written a remarkable guide for how to heal a broken heart after you lose a loved one to suicide. Included in the book is a card insert with a poem that acknowledges how we feel, what we're thinking and then reminds us that the choice to live the lives we still have is ours to make. It's tucked into my wallet and accessible on those days that I need that reminder. Thanks you, Iris.

I found that many emotions Iris had in her grief journey were the emotion I have. She gave me hope in the darkest time of my healing process.

Our 38 year old son committed suicide last August, leaving a wife and 3 children, his parents, and many relatives and friends to mourn his leaving and trying to cope with the guilt, questions, anger, etc. This book was very helpful to me, being both informative and comforting. Everyone's story is different, but knowing that there are so many other loved ones left behind to wonder why and what could they have done differently made me realize my family is not alone in this suffering. Iris Bolton's words have helped me, and I have been able to help my husband and others with the words from her book. Everyday is difficult, but I refer to her book many times and find some relief in her words.

An honest look at the profound guilt and grief associated with the suicide of a loved one. This book

was a gift to my family after my beloved son took his own life Christmas Eve 2012. It was left on my doorstep by someone who had experienced the same heartache. Since then, I have bought it for other parents experiencing this anguish.

Download to continue reading...

My Son...My Son : A Guide to Healing After Death, Loss, or Suicide Hair Loss: Hair Loss Solutions for Beginners - Hair Loss Basic Guide - Hair Loss Cure (Hair Loss Protocol - Hair Loss Black Book -Hair Loss for Dummies 1) Hair Loss Prevention: #1 Hair Loss Prevention And Reversal Techniques, Methods, Treatments And Remedies (Hair Loss, Hair Loss Cure, Hair Loss In Women, ... Protocol, Hair Loss Black book, Baldness) Animal Reincarnation & Animal Life After Death - Answers Your Heart's Questions re Pet Loss, Afterlife, After-death Communication Healing: Reclaim Your Health: Self Healing Techniques: Fasting, Meditation, Prayer, Healing Medicine, and Energy Work (Channeling, Shamanism, Chakra Healing, ... Qigong Healing, Ayahuasca Book 1) Crystals and Gemstones: Healing The Body Naturally (Chakra Healing, Crystal Healing, Self Healing, Reiki Healing) Hair Loss Cure & Treatment: Prevention & Effective Natural Regrowth Methods (Hair Loss Prevention, Hair Loss Treatment, Hair Loss Cure, Hair Loss For Men, Hair Regrowth, Self Help) ATKINS DIET: Weight Loss Secrets and a Quick Start Guide For a New and Permanent You: Rapid Weight Loss Guide For Beginners, Rapid Weight Loss Guide, Atkins Rapid Weight Loss Shattered: From Grief to Joy After My Son's Suicide Crystal Healing: Simple Guide To Understanding The Benefits Of Crystals (Healing Stones, Energy Healing, Crystal Healing Book 2) Reiki: The Healing Energy of Reiki - Beginnerââ ¬â,,¢s Guide for Reiki Energy and Spiritual Healing: Reiki: Easy and Simple Energy Healing Techniques Using the ... Energy Healing for Beginners Book 1) Crystal Healing: The Ultimate Reference Guide To Understanding The Benefits of Crystals (Healing Stones, Energy Healing, Crystal Healing, Chakras Book 1) Crystal Healing: The Ultimate Reference Guide To Understanding The Benefits of Crystals (Healing Stones, Energy Healing, Crystal Healing, Chakras) Crystals: The Ultimate Guide To: Energy Fields, Auras, Chakras and Emotional Healing (Aura, Healing Stones, Crystal Energy, Crystal Healing, Energy Fields, Emotional Healing, Gemstone) J. D. Robb CD Collection 9: Creation in Death, Strangers in Death, Salvation in Death (In Death Series) J. D. Robb CD Collection 8: Memory in Death, Born in Death, Innocent in Death (In Death Series) J. D. Robb CD Collection 4: Witness in Death, Judgment in Death, Betrayal in Death (In Death Series) J.D. Robb - Eve Dallas In Death Series updated 2017 in reading order with Summaries and Checklist: Eve Dallas In Death Series listed in best reading order ... Includes Echoes in Death & Secrets in Death Dying to Be Free: A Healing Guide for Families After a Suicide Hair Loss Cure: Everything You Need to Know About Hair Loss, Hair Loss Prevention, Hair

Re-growth and Hair Loss Treatments (Hairloss treatment)

Contact Us

DMCA

Privacy

FAQ & Help